

OCTOBER 2024

Breakfast K -12 Menu



2024 National School Lunch Week
October 14—18

SCHOOL LUNCH PIRATES
FIND YOUR TREASURE!
OCTOBER 14-18, 2024

DID YOU KNOW?
REAL PIRATES
EAT THEIR
FRUITS AND
VEGGIES!

2024 NATIONAL SCHOOL LUNCH WEEK

Breakfast Meals

Will Include:

Fresh, Dried or Cupped Fruit and 100% Juice

And Milk Choice

Low Fat White, Fat Free Chocolate, Fat Free Strawberry or Fat Free Skim

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|--|--|
|  <p>For Menu & Nutrition Information or to download the app on your device Visit MealViewer.com</p> | <p>1 Egg & Cheese Breaded Hash Brown Cold Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Crackers</p> | <p>2 Eggo Cinnamon Waffle Mini Bites Cold Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Crackers</p> | <p>3 Egg & Cheese Croissant Cold Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Crackers</p> | <p>4 Maple Sausage Pancake Wrap on a Stick Cold Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Crackers</p> |
| <p>7 Chicken Biscuit Cold Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Crackers</p> | <p>8 Cinnamon Swirl Roll or Cinnamon Bun Pretzel Stick Cold Cereal Variety Breakfast Bar Assortment Buttered or Cinnamon Toast Graham Crackers</p> | <p>9 Egg, Ham & Cheese Croissant Cold Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Crackers</p> | <p>10 Sausage Waffle Sandwich Cold Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Crackers</p> | <p>11 Blueberry Pancake Mini Bites Cold Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Crackers</p> |
| <p>14 15 NATIONAL 16 SCHOOL 17 LUNCH 18 WEEK</p> | | | | |
| <p>No School for Students Pro-Ed Day</p>  | <p>21 Apple Cinnamon French Toast Cold Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Cracker</p> | <p>22 Chicken Waffle Sandwich Cold Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Crackers</p> | <p>23 Eggo Chocolate Chip Mini Bites French Toast Cold Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Crackers</p> | <p>24 Cheese Omelet Wrap Cheese Omelet Bacon Wrap Cold Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Crackers</p> |
| <p>21 Country Sausage Gravy Breakfast Pizza Cold Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Crackers</p> | <p>22 Egg & Cheese Breaded Hash Brown Cold Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Crackers</p> | <p>23 Eggo Cinnamon Waffle Mini Bites Cold Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Crackers</p> | <p>24 Egg & Cheese Croissant Cold Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Crackers</p> | <p>25 Maple Sausage Pancake Wrap on a Stick Cold Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Crackers</p> |
| <p>28 Chicken Biscuit Cold Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Crackers</p> | <p>29 Cinnamon Swirl Roll or Cinnamon Bun Pretzel Stick Cold Cereal Variety Breakfast Bar Assortment Buttered or Cinnamon Toast Graham Crackers</p> | <p>30 Egg, Ham & Cheese Croissant Cold Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Crackers</p> | <p>31 Sausage Waffle Sandwich Cold Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Crackers</p> |  |

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